

COACHING TEAM

Ravi Walia	Program Administrator	780-944-8021	rwalia@icepalace.ca
Debra Enders	Office Manager	780-444-1943	info@icepalace.ca
Lynne Koper	Dance Director	780-643-5232	

Freeskate Coaches

Ravi Walia 780-488-1862 \$14.00 / 15 minutes plus GST
NCCP Level 4 Certified (partial Level 5) * Senior Competitive * Gold Freeskate * Gold Dance * Gold Figure * 3-time National Medallist * National Team Member * International Competitor * Coach of National Champions * ISU Level Technical Specialist * Bachelor of Administration Degree * 16 Years Coaching Experience

Sheryl Farrell 780-907-1903 \$10.00 / 15 minutes
NCCP Level 2 Certified (partial Level 3) * Senior Silver Freeskate (partial Gold) * Diamond Dance * 7th Figure * 10 Years Coaching Experience

JaeLyn Robinson 780-919-4867 \$11.50 / 15 minutes plus GST
NCCP Level 2 Certified (partial Level 3) * Junior Competitive * Gold Free * Gold Dance * Gold Figure * National Competitor * Technical Specialist * Bachelor of Physical Education Degree - Sport Performance * Professional Fitness & Lifestyle Consultant * 10 Years Coaching Experience

Jessica Gosse 780-232-0551 \$11.50 / 15 minutes
NCCP Level 2 Certified (partial Level 3) * Coach of National Competitors in Singles and Pairs * 2-time Newfoundland and Labrador Section Coach of the Year * 16 Years Coaching Experience

Alesha Checkley 780-991-9974 \$10.00 / 15 minutes
NCCP Level 1 Certified * Senior Competitive * Gold Freeskate * Senior Silver Dance * 7-time National Competitor * National Team Member * International Medallist * Technical Specialist * 8 Years Coaching Experience

Shauna Stewart 780-695-5978 \$11.50 / 15 minutes
NCCP Level 3 Certified * Gold Freeskate * Gold Dance (partial Diamond) * Gold Figure * Bachelor of Physical Education Degree - Sport Performance * Master of Arts - Sport Psychology * 19 Years Coaching Experience

Competitive Dance Coaches

Lynne Koper 780-643-5232 \$16.00 / 15 minutes plus GST (Teams) \$14.00-15.00 (Individuals)
NCCP Level 3 Certified (Dance & Singles) * Ice Dance & Edge Specialist * Coach of National and International Medallists * Master Course Conductor * Over 30 Years Coaching Experience

Shirley Solkowski 780-440-3597 \$14.00 / 15 minutes plus GST (Teams) \$13.00-13.50 (Individuals)
NCCP Level 3 Certified * Senior Competitive Free Dance * Gold Dance * National Competitor * Competitive Dance Specialist * Coach of National Competitors and Medallists * Bachelor of Education Degree * 23 Years Coaching Experience

Off-Ice Instructors

Debra Enders	Jump Class Instructor
Ravi Walia	Jump Class Instructor
Monika Langer	Ballet Instructor
Shirley Solkowski	Fitness Instructor
JaeLyn Robinson	Fitness Instructor
Tracy Rolo	Fitness Instructor
Linda Crawford	Yoga Instructor
Lindsay Stebbings	Yoga Instructor
Kristi Marks	Gymnastics Instructor
Kelly Marks	Gymnastics Instructor