



2010
United Cycle
Spring Sunsational Invitational

April 23-25, 2010

**Clareview Recreational Centre
3804-139th Avenue, Edmonton, AB**

Hosted by:

**Ice Palace Figure Skating Club
780-444-1943**

Sanctioned by Skate Canada
Sanction #4905



HOST CLUB INFORMATION

Event Name: United Cycle Spring Sunsational Invitational

Event Dates: April 23-25, 2010

Host Club Name: Ice Palace Figure Skating Club

Competition Chairpersons

Name: Donna Kormos

Phone: 780-487-7428

Email: jskormos@telus.net

Name: Nenette Legaspi

Phone: 780-425-2389

Email: chokepup@aol.com

Technical Representative

Name: Bonnie Read

Phone: 780-628-2300

Email: bonnieread47@gmail.com

Arena Details

Name: Clareview Recreational Centre

Address: 3804-139th Avenue, Edmonton, AB

Ice Surface Dimensions: Arena A 210 x 100 and Arena B 200 x 85

Registration Times: One hour prior to the first event and continuing throughout the weekend

Accommodation Information

Host Hotel: Holiday Inn Express

Address: 13742-50 Street, Edmonton, AB

Phone: 780-476-9898

Room Rate: \$129.00 + tax

Note: Must be booked by March 23rd; quote "Ice Palace Sunsational Competition"

GENERAL INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, 5000 Competitive Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

2. **CATEGORIES:**

*Pre-Novice, Novice, Junior & Senior Singles Short Program
Pre-Juvenile, Juvenile, Pre-Novice, Novice, Junior & Senior Freeskate Program
Pre-Juvenile, Juvenile, Pre-Novice & Novice Compulsory Dance
Introductory, Primary, Pre-Preliminary, Preliminary & Jr. Bronze Elements Program
Introductory, Primary, Pre-Prelim, Preliminary, Jr. Bronze, Sr. Bronze, Jr. Silver, Sr. Silver & Gold Freeskate
Pre-Introductory, Introductory, Bronze, Silver & Gold Interpretive Program
Introductory, Primary, Pre-Preliminary, Preliminary, Bronze, Silver, Gold & Competitive Team*

3. **SYSTEM OF MARKING:**

The Cumulative Points Calculation (CPC) system will be used for all competitive events. The One by One (6.0) system will be used for all STARSkate events.

4. **EVENT SCHEDULE:**

The schedule will be posted on the Ice Palace web site at www.icepalace.ca and will be emailed to each participating club, if an email address is provided.

5. **ENTRIES:**

Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
- b) Be Associate members in good standing of the Association.

Registration forms must be completed in FULL or they will not be processed!

If necessary, entries will be limited to adhere to the guidelines for hours of competition.

- a) Skaters may only enter into ONE level/category.
- b) Skaters may register in a **maximum of three events**. Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

6. **CLOSING DATE OF ENTRIES:**

All entries must be received no later than **March 22, 2010**. In the event of a postal disruption it is the responsibility of the competitor to ensure that their entry is in to the registration person by the closing date, at their own expense. Registrations will be accepted on a first-come, first-served basis as some events may be capped. ALL QUALIFYING TESTS MUST BE PASSED BY MARCH 22, 2010.

7. **ENTRY FEES:**

Introductory and Primary Elements and Freeskate events and Team event (per team): \$40
All other events: \$65 for first event & \$40 for each additional event

Cheques or money orders should be made payable to ICE PALACE FIGURE SKATING CLUB

Cheques postdated after the close of entries will be returned, registration will not be processed. There will be a \$25.00 charge for NSF cheques.

8. **MUSIC REGISTRATION: (Rule 5705)**

Each skater or pair will provide **2 cassettes or 2 CDs (+ 1 back up cassette)** upon registration. One for competition (marked as 'Master') and one for back up (marked 'copy'). Competitors are responsible for the recovery of their own cassettes or CDs at the completion of the Event.

Standard Specifications for Cassettes and CDs:

- 1) Only one (1) program shall be recorded on each cassette or CD.
- 2) The start of the music shall be recorded on the tape or CD at least 3 seconds following the head leader and not more than 5 seconds.
- 3) Music shall be recorded at equal levels on both left and right channels in stereo.
- 4) Competitor's name followed by music time (not skating time) shall be clearly printed on side one of the cassette or CD

- 5) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
- 6) Cassettes or CD's must be marked with the skater's name, Category and total music time and they must be enclosed in their integral container, also marked accordingly.

9. **ACCIDENTS:**

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

10. **REFUND OF ENTRY FEES:**

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000 – 1.5 (2)).

11. **REGISTRATION:**

Skaters must register at least one hour prior to their scheduled Category or practice. Music must be turned in at the time of registration. Skaters must report to the Ice Captain one hour prior to their scheduled Category.

12. **FLIGHT SYSTEM:**

If the number of competitors in a Category warrants it, a flight system will be used. STARSkate event flights would be determined by skaters' ages. Competitive events will be determined by a random draw.

13. **EVENT SPECIFICATIONS:**

In normal circumstances, each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:

- (a) Combine two or more levels in the same category when one category has insufficient entries to hold the event or when each category has fewer than three entries;
 - (b) Combine men and women in events when insufficient entries are registered in one to hold the event.
- The decision to combine events is at the discretion of the Technical Representative and the Host Committee. In any of the above cases, categories may be combined only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

14. **CANCELLATION OF EVENTS:**

The host club reserves the right to cancel events.

15. **SKATING UP:**

Skating up one level is allowed. However, competitors must register in ONLY ONE level of the same Category (one Freeskate, one elements, etc). When skating up program must meet the criteria for the higher level.

16. **COACH ACCREDITATION:**

All coaches must be minimally certified NCCP Level 1, Level 1 CanSkate Coach or Level 1 STARSkate Primary Coach and carry their Photo ID card indicating current membership within the Association and a valid First Aid certificate.

17. **AWARDS:**

It is the responsibility of any skater receiving a medal to wear their skates and skating attire for the medal presentation.

18. **WARM UP TIMES:**

Team Events	3 minutes
Interpretive, Element Programs	4 minutes
STARSkate Freeskate Events	5 minutes
All Competitive Singles Events	6 minutes
Compulsory Dance Events	1 minute without music / 3 minutes with music

ELIGIBILITY AND CATEGORIES

COMPETITIVE SINGLES SHORT PROGRAM EVENTS

PRE-NOVICE SINGLES LADIES / MEN (#C1):

- (i) TEST: Must have passed the Pre-Novice Competitive Singles Test or higher.
- (ii) AGE: No age requirement

SPECIFICATIONS FOR SHORT PROGRAM: A short program to music, which shall not exceed 2 minutes, 30 seconds in duration containing the elements as announced by Skate Canada. The requirements shall be as listed on the Members Only section of the Skate Canada website.

Men: Group B elements (2010-2011)

NOVICE SINGLES LADIES / MEN (#C2):

- (i) TEST: Novice Competitive Singles test or higher.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR SHORT PROGRAM: A short program to music, which shall not exceed 2 minutes, 30 seconds in duration containing the elements as announced by Skate Canada. The requirements shall be as listed on the Members Only section of the Skate Canada website.

JUNIOR SINGLES LADIES / MEN (#C3):

- (i) TEST: Junior Competitive Singles Test or higher.
- (ii) AGE: Shall meet ISU Junior age criteria: LADIES must not be 19 as of July 1 preceding the competition; MEN must not be 19 as of July 1 preceding the competition.

SPECIFICATIONS FOR SHORT PROGRAM: A short program which shall not exceed 2 minutes, 50 seconds.

ISU Group C elements to be skated (2010-2011)

SENIOR SINGLES LADIES / MEN (#C4):

- (i) TEST: Senior Competitive Singles Test.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR SHORT PROGRAM: A short program which shall not exceed 2 minutes, 50 seconds in duration containing elements as listed on the Members Only section of the Skate Canada website.

COMPETITIVE SINGLES FREESKATE EVENTS

PRE-JUVENILE SINGLES LADIES / MEN (#C5):

- (i) TEST: Must have passed the complete Junior Bronze Free Skating test or higher.
- (ii) AGE: Pre-Juvenile Singles competitors shall be under the age of 11 for Ladies and 12 for Men as of July 1 preceding the event.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 2.5 minutes (+ or - 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

JUVENILE SINGLES LADIES / MEN (#C6):

- (i) TEST: Must have passed the Juvenile Competitive Singles test or higher.
- (ii) AGE: Juvenile Singles competitors shall be under the age of 12 for Ladies and 13 for Men as of July 1 preceding the event.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 2.5 minutes (+ or - 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

PRE-NOVICE SINGLES LADIES / MEN (#C7):

- (i) TEST: Must have passed the Pre-Novice Competitive Singles Test or higher.
- (ii) AGE: No age requirement

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 3.0 minutes (+ or - 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

NOVICE SINGLES LADIES / MEN (#C8):

- (i) TEST: Novice Competitive Singles test or higher.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music. The length of program is as follows: LADIES: 3.0 minutes (+ or - 10 seconds) MEN: 3.5 minutes (+ or - 10 seconds). The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

JUNIOR SINGLES LADIES / MEN (#C9):

- (i) TEST: Junior Competitive Singles Test or higher.
- (ii) AGE: Shall meet ISU Junior age criteria.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music. The length of program is as follows: LADIES: 3.5 minutes (+ or - 10 seconds). MEN: 4.0 minutes (+ or - 10 seconds). The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

SENIOR SINGLES LADIES / MEN (#C10):

- (i) TEST: Senior Competitive Singles Test.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music. The length of the program is as follows: LADIES: 4.0 minutes (+ or - 10 seconds) MEN: 4.5 minutes (+ or - 10 seconds). The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

COMPETITIVE DANCE – COMPULSORY DANCE EVENTS

All dance couples shall consist of a woman and a man.

PRE-JUVENILE DANCE (#D11):

- (i) TEST: Must not have passed the complete Junior Bronze Dance test or higher.
- (ii) AGE: No age requirement.

DANCES TO BE SKATED: Baby Blues and Fiesta

JUVENILE DANCE (#D12):

- (i) TEST: Must have passed the complete Junior Bronze Dance test or higher.
- (ii) AGE: No age requirement.

DANCES TO BE SKATED: Fiesta and Fourteen Step

PRE-NOVICE DANCE (#D13):

- (i) TEST: Must have passed the Pre-Novice Competitive Dance Test and the complete Senior Bronze Dance test or higher.
- (ii) AGE: No age requirement.

DANCES TO BE SKATED: European and Keats Foxtrot

NOVICE DANCE (#D14):

- (i) TEST: The Novice Competitive Dance Test or higher.
- (ii) AGE: No age requirements.

DANCES TO BE SKATED: Starlight Waltz and Silver Samba

STARSKATE ELEMENTS PROGRAMS

COMPETITIVE SINGLES TEST EQUIVALENCIES IN THE STARSKATE EVENTS: (Regulation 4000-E-3.1) Skaters who have previously passed any competitive test and are no longer competing in the competitive stream must enter the STARSkate Event at the equivalent level corresponding to their competitive test or STARSkate test whichever is highest.

Elements Programs will not be skated to music. The skater may determine the order of the elements. Connecting steps are permitted to link the elements. Additional elements or repetition of elements that have failed are not permitted. Rotational movements of more than one full rotation shall be considered extra elements. Small jumps of not more than half a turn may be included in the step sequence.

INTRODUCTORY LADIES/MEN (Event #S15):

- (i) TEST: Competitors must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) EVENT SPECIFICATIONS: Program length not to exceed 1 minute; **half of the ice surface to be used.**
 - 1. Any forward upright spin
 - 2. Toe loop
 - 3. Waltz Jump
 - 4. One forward spiral

PRIMARY LADIES/MEN (#S16):

- (i) TEST: Competitors must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) EVENT SPECIFICATIONS: Program length not to exceed 1 minute; **half of the ice surface to be used.**
 - 1. Sit spin
 - 2. Salchow jump
 - 3. Loop
 - 4. One forward spiral

PRE-PRELIMINARY LADIES/MEN (#S17):

- (i) TEST: Competitors must not have passed the complete Preliminary Freeskate
- (ii) EVENT SPECIFICATIONS: Program length not to exceed 1 minute; **half of the ice surface to be used.**
 - 1. Flip jump
 - 2. Back spin (minimum 2 rotations)
 - 3. Jump combination – Salchow/toe loop
 - 4. One Backward spiral

PRELIMINARY LADIES/MEN (#S18):

- (i) TEST: Competitors must have passed the complete Preliminary Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute; **full ice surface to be used.**
 - 1. Lutz jump
 - 2. Jump combination - flip/loop
 - 3. Camel/Sit Spin (minimum 2 rotations in each position)
 - 4. Spirals on the left and right foot (may be performed separately or in sequence)

JUNIOR BRONZE LADIES/MEN (#S19):

- (i) TEST: Competitors must have passed the complete Junior Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1.5 minutes, **full ice surface to be used**
 - 1. Axel
 - 2. One other double or single jump
 - 3. Jump Combination – any single or double jump followed by a Loop
 - 4. Combination spin – at least one change of position with one change of foot (minimum 2 rotations in each position)
 - 5. One (1) spiral on each foot in sequence
 - 6. Footwork sequence (any pattern using the full ice surface)

STARSKATE FREESKATE EVENTS

INTRODUCTORY FREESKATE (Event #S20):

- (i) TEST: Must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Freeskate Program to music of 1 or 1.5 minutes in length (+/- 10 seconds) **MAY INCLUDE WALTZ, SALCHOW AND TOE LOOP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS.**

PRIMARY FREESKATE (#S21):

- (i) TEST: Must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Freeskate Program to music of 1 or 1.5 minutes in length (+/- 10 seconds)
MAY INCLUDE LOOP AND FLIP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS.

EVENTS BELOW WILL BE JUDGED ACCORDING TO THE WELL BALANCED PROGRAM CRITERIA

PRE-PRELIMINARY FREESKATE (#S22):

- (i) TEST: Must not have passed any complete Skate Canada Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program to music of 1.5 or 2 minutes in length (+ / - 10 seconds)

PRELIMINARY FREESKATE (#S23):

- (i) TEST: Must have passed complete Preliminary Freeskate test but not Junior Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program to music of 2.0 or 2.5 minutes in length (+/- 10 seconds)

JUNIOR BRONZE FREESKATE (#S24):

- (i) TEST: Must have passed complete Jr. Bronze Freeskate test but not Sr. Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program to music of 2.5 or 3 minutes in length (+/- 10 seconds)

SENIOR BRONZE FREESKATE (#S25):

- (i) TEST: Must have passed complete Sr. Bronze Freeskate test but not Jr. Silver Freeskate test
- (iii) SPECIFICATIONS FOR EVENT: One free program to music of 3.0 or 3.5 minutes in length (+/- 10 seconds)

JUNIOR SILVER FREESKATE (#S26):

- (i) TEST: Must have passed complete Jr. Silver Freeskate test but not Sr. Silver Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program to music of 3.5 or 4 minutes in length (+/- 10 seconds)

SENIOR SILVER FREESKATE (#S27):

- (i) TEST: Must have passed complete Sr. Silver Freeskate test but not Gold Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program to music of 3.5 or 4 minutes in length (+/- 10 seconds)

GOLD FREESKATE (#S28):

- (i) TEST: Must have passed complete Gold Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program to music of 3.5 or 4.0 (ladies)/ 4.0 or 4.5 (men) minutes in length (+/- 10 seconds)

<h2>INTERPRETIVE EVENTS</h2>

This program shall contain a variety of skating moves and should be joined with connecting steps demonstrating edges, turns and creativity. These moves should be selected for their value in enhancing the choreographic interpretation of the music rather than for their technical difficulty. Jumps are allowed, but no credit will be given for their technical difficulty. **Skaters may enter only one Interpretive Category.**

PRE- INTRODUCTORY INTERPRETIVE (Event #I29):

- (i) TEST: Must not have passed any Skate Canada Interpretive Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length (+/- 10 seconds).

INTRODUCTORY INTERPRETIVE (#I30):

- (i) TEST: Must have passed the Introductory Interpretive test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length (+/- 10 seconds).

BRONZE INTERPRETIVE (#I31):

- (i) TEST: Must have passed the Bronze Interpretive, Adult Artistic, or Bronze Artistic test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length (+/- 10 seconds).

SILVER INTERPRETIVE (#I32):

- (i) TEST: Must have passed the Silver Interpretive or Silver Artistic test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length (+/- 10 seconds).

GOLD INTERPRETIVE (#I33):

- (i) TEST: Must have passed the Gold Interpretive or Gold Artistic test
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length (+/- 10 seconds).

<h2>TEAM EVENTS</h2>

This is intended as a fun event. Teams will consist of 4 skaters. Teams may be mixed or similar. Coaches must be at ice surface with their skaters. Elements will be performed in isolation. Each team may decide in advance which skater will perform each element.

INTRODUCTORY (Event #T34):

For those skaters who have not yet passed **any** portion of the Preliminary Freeskate test.

- 1. Waltz Jump
- 2. 1 Foot Spin
- 3. Toe Loop/Toe Loop combination
- 4. Forward Outside Spiral

PRIMARY (#T35):

For those skaters who have not yet passed **any** portion of the Preliminary Freeskate test.

- 1. Loop Jump
- 2. Sit Spin with Backward Crossover entry
- 3. Waltz jump/Toe Loop Combination
- 4. Forward Inside Spiral

PRE-PRELIMINARY (#T36):

Skaters must not have passed the complete Preliminary Freeskate test.

- 1. Flip Jump
- 2. Sit Spin
- 3. Salchow/Toe Loop Combination Jump
- 4. Backward Outside Spiral

PRELIMINARY (#T37):

Skaters must have passed the Preliminary Freeskate test but no higher complete Freeskate test.

- 1. Lutz Jump
- 2. Camel Spin
- 3. Loop/Loop Combination Jump
- 4. Backward Inside Spiral

BRONZE (#T38):

Skaters must have passed the Junior Bronze Freeskate and/or Senior Bronze Freeskate test but no higher complete Freeskate test.

- 1. Axel
- 2. Camel/Sit Spin
- 3. Lutz/Loop Combination Jump
- 4. Two Spirals in Sequence, one on each foot, different edges

SILVER (#T39):

Skaters must have passed the Junior Silver Freeskate and/or Senior Silver Freeskate test but no higher complete Freeskate test.

- 1. Double Loop Jump
- 2. Combination Spin with at least 2 positions and 1 change of foot
- 3. Jump Combination consisting of 1 single and 1 double jump (double jump must be second)
- 4. Circular Footwork Sequence using full width of ice

GOLD (#T40):

Skaters must have passed the complete Gold Freeskate test.

- 1. Double Flip or Lutz Jump
- 2. Spin Combination with at least 3 positions and 1 change of foot
- 3. Jump Sequence consisting of at least 3 jumps with a minimum of 2 double jumps
- 4. Combination of 3 Field Movements in Sequence

COMPETITIVE TEAM (#T41):

Skaters must be registered in one of the competitive events at this competition.

- 1. Axel
- 2. Jump combination at least one must be a double jump
- 3. Flying spin
- 4. Step sequence

**Skate Canada: Alberta - NWT/Nunavut
United Cycle Spring Sunsational Invitational April 23-25, 2010
REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!!!
ONE REGISTRATION FORM PER EVENT**

Competitor's Name	Pease circle: Male Female		
Home Address and Postal Code			
Home & Emergency Phone Number			
Skate Canada Number			
Date of Birth	Day	Month	Year
Health Care Number			
Name of Home Club			
Signature of Club Test Chair			
Club Contact Person			
Home Club Phone /Fax / Email			
Event # (S22, C6, I32 etc.)			
Category Entering (Men's, Ladies, Interpretive, etc.)			
Level (Preliminary, Pre-Novice etc.)			
Title of Interpretive Program			
Music Time			
Test Qualifications (highest passed)	Freeskate:	Elements:	Skating Skills:
<small>*Competitive test equivalencies must be taken into account when registering for STARSkate Events</small>	Dance:	Interpretive:	Competitive:

NOTE: For those Categories with an age restriction, a copy of the birth certificate or other proof of age must be submitted with the entry form.

RETURN FORM TO: Ice Palace Figure Skating Club c/o Christel Senkoe 2 Country Lane; Stony Plain, AB; T7Z 2L1	RECEIVED BY: March 22, 2010
ENTRY FEES: Introductory and Primary Elements & Freeskate events and Team event (per team): \$40 All other events: \$65 for first event & \$40 for each additional event	CHEQUES PAYABLE TO: Ice Palace Figure Skating Club

Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness of injury to my person as a result of my participation in this activity.

Participant's Name (print):	Participant's Signature:
Date:	
If under the age of 18 years:	
Parent's Signature:	Address:
Name of Coach (please print)	Signature and verification of event entered

**2010 United Cycle Spring SUNSATIONAL Invitational Competition
Competitive Test Application Form**

Subject to the availability of judges, the following competitive tests will be held in conjunction with this competition: Juvenile – Senior Singles

You must be registered to compete in the category corresponding to your test request. These tests take place during the competition.

**DEADLINE FOR TEST APPLICATIONS IS MARCH 22, 2010
NO LATE APPLICATIONS WILL BE ACCEPTED**

Name _____

Skate Canada # _____

Address _____

Phone (include area code) _____

Home Club _____ Home Club # _____

Authority for test (please print) _____

Test to be taken:

- _____ *Juvenile Singles*
- _____ *Pre Novice Singles*
- _____ *Novice Singles*
- _____ *Junior Singles*
- _____ *Senior Singles*

Enclose test fee of \$20.00. Please make cheques payable to Ice Palace FSC.
TEST FEE MUST ACCOMPANY TEST APPLICATION FORM!!

Please return to: Ice Palace FSC
c/o Christel Senkoe
2 Country Lane
Stony Plain, AB T7Z 2L1

CLUB APPROVAL FOR THE TEST

I hereby certify that the applicant is a member in good standing of the
_____ Skating Club, and is qualified and permitted
to take the above competitive test.

Signature of Test Chair or Club Executive